



Free CPR Classes



Provided By
Lexington County EMS

Help Us Help You!

Statistics show that there is a staggering 95 percent mortality rate for the over 300,000 Americans who are victims of sudden cardiac arrest each year. More of these victims would survive if quality CPR and easy access to Automated External Defibrillators were available.

It is important for all Americans to learn critical lifesaving skills such as how to perform CPR how to use an AED and the need to increase public access to AEDs.

Lexington County EMS personnel are providing FREE Family and Friends Adult, Child and Infant CPR training for the Community. In just 2 hours you can Help Us Help You in an emergency. Changes in CPR make the training fun and easy to learn.

2015 Class Schedule

Single session classes are scheduled on:

February 12th, 2015

August 13th, 2015

April 9th, 2015

October 8th, 2015

June 11th, 2015

December 10th, 2015

All sessions are from 6:30 PM until 8:30 PM

For more information or to schedule a session, please contact:

Lieutenant Micah Norman

803-785-5057

mnorman@lex-co.com

You can also find out more information on the AHA website or follow this link:

http://www.heart.org/HEARTORG/CPRAndECC/CommunityTraining/CommunityProducts/Family-Friendsreg-CPR_UCM_303576_Article.jsp

Family & Friends CPR is for people who want to learn CPR but do not need a course completion card in CPR for their job. This course is ideal for schools and students, new parents, grandparents, babysitters and others interested in learning how to save a life.