

## HELP US HELP YOU



## Free CPR Classes Provided By Lexington County EMS 2019 Class Schedule

Statistics show that there is a staggering 95 percent mortality rate for the over 350,000 Americans who are victims of sudden cardiac arrest each year. More of these victims would survive if quality CPR and easy access to Automated External Defibrillators were available.

It is important it is for all Americans to learn critical lifesaving skills such as how to perform CPR how to use an AED and the need to increase public access to AEDs.

Lexington County EMS personnel are providing FREE Family and Friends Adult Child and Infant CPR training for the Community. In just 3 hours you can Help Us Help You in an emergency. Changes in CPR make the training fun and easy to learn.

Single session classes are scheduled on:

June 13, 2019 August 13, 2019

October 17, 2019 December 12, 2019

All sessions are from 6:30 PM until 9:30 PM

For more information or to schedule a session, please contact: Lieutenant Michael Beale at 803-785-5057, or mbeale@lex-co.com

You can also find out more information on the AHA website or follow this link:

Family & Friends® CPR

Once there, click on the "Locate a Training Center." On the next window you need to enter you zip code and select "search training center/sites."